



# THE CONGRESS COMPANIES

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**CONGRESS BUILDING CORP. COMPLETES SENIOR LIVING PROJECT  
IN AVON, CONNECTICUT**

**AVON, CONNECTICUT** — Congress Building Corp., a full service construction firm based in Peabody, Massachusetts, recently completed construction of The Residence at Brookside, a state-of-the-art, three-story Assisted Living, Independent Living and Memory Care community located at 117 Simsbury Road in Avon, Connecticut.

Owned and operated by LCB Senior Living, LLC of Norwood, Massachusetts, The Residence at Brookside was designed in a traditional New England style with Connecticut Brownstone elements by The Architectural Team of Chelsea, Massachusetts. The 64,300 square foot, senior living community features 74 bright and spacious apartments and common areas that include comfortable lounges, computer rooms, an exercise room, a courtyard for walking, an outdoor patio for seasonal dining, onsite barber and beauty salon, and other signature high standard amenities designed to keep residents engaged and active.

Independent Living and Assisted Living apartments are available in a choice of floor plans and feature kitchenettes and private baths, central air conditioning and emergency call systems. Residents can enjoy three gourmet meals a day prepared and served restaurant-style, a full activities program and a wide range of optional services. Assisted Living apartments are designed for those who would benefit from assistance with activities of daily living including bathing and dressing, medication reminders and other services as needed.

The Reflections Memory Care program at The Residence at Brookside engages residents with early stage Alzheimer's disease and other memory impairments in meaningful, therapeutic activities focused on their strengths and capabilities. Reflections offers specialized cognitive programming in a separate, secure environment with its own common areas, courtyard and other amenities.

"We are proud and appreciative of our continued relationship with and the projects we have accomplished with valued repeat client LCB, and The Architectural Team. The Residence at Brookside in Avon is a one-of-a-kind design. It is another collaborative effort that the entire team can be proud of," said William A. Nicholson, Congress CEO.

"This project redefines the state-of-the-art in Assisted Living design, for which we commend the Architectural Team and LCB. We are pleased to see LCB's continued success in a top quality community like Avon. And we are appreciative of the Town of Avon's support and cooperation. They have been great to work with," Nicholson added.

**About The Congress Companies**

Headquartered in Peabody, MA and with offices in Lake Success, NY, The Congress Companies serves clients in New England, New York, and New Jersey. With 60 plus years of building experience and expertise,



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Congress offers a full continuum of Pre-Construction Strategy, Construction Management Design/Build, and Development Services and specializes in the Senior Living, Health Care and Multi-Family residential market sectors. To learn more about The Congress Companies, visit: [www.congresscompanies.com](http://www.congresscompanies.com).

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