



# THE CONGRESS COMPANIES

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## **THE CONGRESS COMPANIES SELECTED TO BUILD ASSISTED LIVING PROJECT IN AVON, CT**

**PEABODY, MA** - Congress Building Corp. is pleased to announce they have been selected by repeat client, LCB Senior Living, LLC, to provide Construction Management services and serve as the General Contractor for The Residence at Brookside, a senior housing community being developed in Avon, CT.

Situated on a three-acre site, the new 62,500 square foot building located at 117 Simsbury Road, will include 74 Assisted Living, Independent Living and Reflections Memory Care apartments. The site will be fully landscaped and will include a park for public use along Simsbury Road.

Designed in a traditional New England style with Connecticut Brownstone elements, the community will feature comfortable lounges, libraries, a walking courtyard, full-service restaurant and other signature high standard amenities designed to keep residents active and engaged.

Independent Living apartments will have kitchenettes and private baths and residents will enjoy 24-hour security, three gourmet meals a day prepared and served restaurant style, available laundry and cleaning services, a full activities program and a variety of optional services. Residents in the Assisted Living area will enjoy all of the above-mentioned amenities and services as well as assistance with activities of daily living including bathing and dressing, medication reminders and other services as needed.

The Reflections Memory Care program at The Residence at Brookside will engage residents with early stage Alzheimer's disease and other memory impairments in meaningful, therapeutic activities focused on their strengths and capabilities. Reflections offers specialized cognitive programming in a separate, secure environment with its own common areas, courtyard and other amenities.

The Residence at Brookside is scheduled for completion in early 2015.

Congress Building Corp. is currently providing Construction Management services for The Residence at Riverbend, a 75-apartment, senior living community being constructed in Ipswich, MA, scheduled for completion in the fall of 2014, and The Residence at South Windsor Farms, an 80-apartment senior living community in South Windsor, CT, scheduled for completion in early 2015.

Headquartered in Peabody, MA, and with offices in Lake Success, NY, The Congress Companies serve clients in New England, New York, New Jersey and beyond. With 60 plus years of building experience and expertise, Congress offers a full continuum of Pre-Construction Strategy, Construction Management, Design/Build, and Development Services and specializes in the Senior Living, Health Care, and Multi-Family Residential market sectors. To learn more about The Congress Companies and to sign up to receive the latest company news, visit: [www.congresscompanies.com](http://www.congresscompanies.com).



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